

HEALTH, WELLNESS & SPA PACKAGES

2 COULTER ROAD ▪ CLIFTON SPRINGS, NY 14432 ▪ 315.462.1350

THE SPRINGS OF CLIFTON.COM

We offer packages to allow you to receive special discounted rates by pre-paying for multiple services. Unused portions of packages will not be reimbursed, however, services do not expire. For questions about packages or rates, please contact the Operations Manager at 315-462-1350 or via email at TheSprings@cshosp.com for more information.

ACUPUNCTURE

Initial & 5 Follow-up Visits	\$275
Routine Follow-up 4 Visit Package	\$170
Routine Follow-up 6 Visit Package	\$255
Facial Renewal Mini Session 6 Visits	\$150
Stress Relief Mini Session 6 Visits	\$150
Detoxification Mini Session 6 Visits	\$150

MINERAL SPRINGS SOAK

	SERIES OF 5	SERIES OF 10
20-Minute Soak	\$100	\$180
30-Minute Soak	\$140	\$260
40-Minute Soak	\$190	\$360
HIMALAYAN MINERAL BATH	\$125	\$220
HYDROSSAGE JETTED TUB SOAK	\$100	\$180
MINERAL SOAK W/ SHEET WRAP	\$175	\$340

TCM MODALITIES

	SERIES OF 5
Tuina	\$105
Cupping	\$105
Moxibustion	\$105

SINUS RELIEF TREATMENT

Massage & Aromatherapy	Series of 5	\$100
Massage, Aromatherapy & Acupuncture	Series of 5	\$200

MASSAGE THERAPY & BODY TREATMENTS PACKAGES

Series of 6 sessions of any single type

30-MINUTE Relaxation, & Prenatal	\$175
30-MINUTE Deep Tissue	\$250
45-MINUTE Relaxation, & Prenatal	\$250
45-MINUTE Deep Tissue	\$325
60-MINUTE Relaxation, & Prenatal	\$325
60-MINUTE Deep Tissue	\$375
ORTHOPEDIC/PAIN MANAGEMENT (45 min)	\$340
NEW! SERENITY MASSAGE (90 min Swedish)	\$490
NEW! "BEST OF BOTH WORLDS" (90 min)	\$580
NEW! INTENSIVE THERAPY (90 min Deep Tissue)	\$670

HOT STONE TREATMENTS

NEW! Hot Rocks Massage (60 min)	\$430
Signature Stone Treatment (90 min)	\$630
MOOR PEAT DETOX WRAP (70 min)	\$480
ARTHRITIS/PAIN RELIEF WRAP (70 min)	\$510

AYURVEDA PACKAGES

ABHYANGA

4-SESSIONS	\$400
6-SESSIONS	\$575

SHIRODHARA

4-FULL TREATMENT	\$400
4-ADD-ONS	\$200

TIBETAN FOOT RENEWAL

4-SESSIONS	\$245
6-SESSIONS	\$345

TIBETAN EYE RENEWAL

4-SESSIONS	\$185
6-SESSIONS	\$265

We also run seasonal specials and spa promotions monthly which are announced via email. Sign up to receive emails on our website at www.TheSpringsofClifton.com! Prices are subject to change without notice. Rev. 11/1/13