

Policies & FAQ

Payment Methods

We accept cash, checks, traveler's checks, money orders, Visa, Mastercard, Discover, and American Express credit cards. We also accept Flexible Spending Account cards with a Visa or Mastercard logo. You are responsible for obtaining a prescription of medical necessity from your primary care physician if required by your plan.

Returned checks will result in a \$15 returned check fee. This fee is in addition to any charges your bank may apply.

Payment is expected at the time of visit. If **full payment** is not received at the time of the appointment, or if you require our office to bill your insurance, coupons, discounts, or promotions will NOT be applied.

For questions about fees or insurance coverage, please visit our website, or contact The Springs Operations Manager at (315) 462-1350. Prices are subject to change without notice.

Discount & Coupon Policies

Discounts are available for Rochester Regional Health staff with valid ID. Seniors age 65+ receive service discounts with proof of age. Coupons and promotions cannot be combined with other offers or discounts unless otherwise specified. Special discounts available for cancer patients receiving treatment on the Clifton Springs Hospital & Clinic campus.

Gift Cards

Gift cards are available for purchase from The Springs reception desk during normal business hours. Cards are available in any dollar amount and do not expire. Instant Certificates can be purchased online 24 hours a day, 7 days a week through our website!

Hours Of Operation

Reception Desk Coverage

Monday - Friday

9am to 5:30pm

with select services available evenings

Tuesday & Thursday until 7:30pm

Saturday Massage & Spa Services

8am - 2pm by appointment ONLY

Insurance

You are responsible for contacting your insurance company to verify coverage & co-pay amounts. You are responsible for obtaining prior authorization if required by your policy.

We accept No Fault Insurance (motor vehicle accidents) and Worker's Compensation for massage therapy, acupuncture, and chiropractic services. Some restrictions apply. Please call the office for more information.

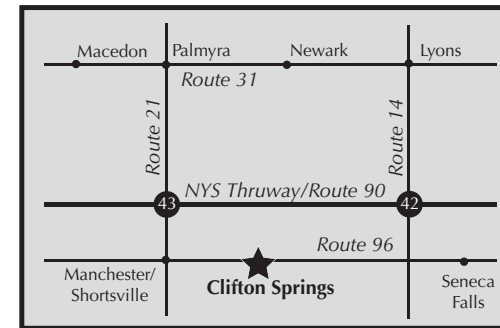
Acupuncture treatments for smoking cessation, weight loss, skin care, stress relief, and some other diagnoses are non-covered services by insurance companies. Full payment is expected at the time of service. Package rates are available. See our website or PACKAGES Brochure for more information.

***Notice to chiropractic patients with MEDICARE:** Medicare does NOT pay for a CHIROPRACTIC EXAMINATION. Coverage is only provided for a spinal adjustment following injury. Maintenance treatments are not considered medically necessary and are not covered by Medicare. Before a chiropractic adjustment can be rendered, a chiropractic examination MUST be performed at the initial visit. Treatment fees for patients with Medicare include non-covered services. A special consent form is provided before your initial appointment explaining any non-covered treatments.

ROCHESTER REGIONAL HEALTH

Clifton Springs Hospital & Clinic

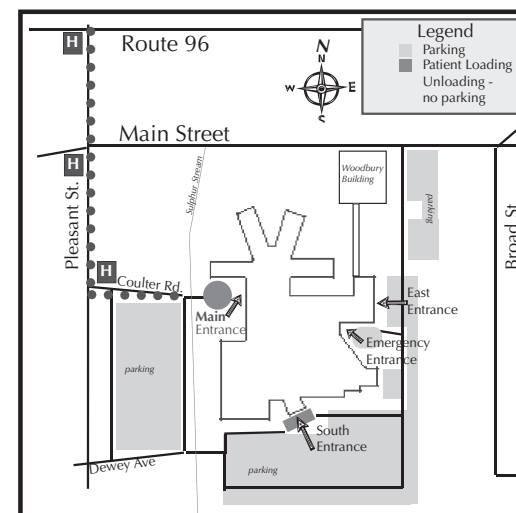
We are located ...



When you get here...

Follow the **H** hospital signs through Clifton Springs to Coulter Road. You will see the Main Entrance of the Hospital. Park in any of the lots on your right. Use the Main Entrance. Inside the Main Lobby, the Information Desk volunteers or the operator (after 4:00 p.m.) will direct you.

You can find The Springs on the first floor, to the left of the lobby, at the end of the 1300-wing.



CliftonSpringsHospital.org

EXPERIENCE THE DIFFERENCE

The
*Spring*s
Integrative
Medicine & Spa
center

Services
& Fees
September 2015

2 Coulter Road
Clifton Springs, NY
315.462.1350

A Service of Clifton Springs Hospital & Clinic
TheSpringsofClifton.com



Integrative Medicine

- **Naturopathic Medicine**
Initial\$300 Follow-up \$100
- **Acupuncture** *Many insurances accepted.*
Affordable rates for those without coverage. Call for details.
- **Community Style Group Acupuncture**
Initial\$35 Follow-up..... \$20
- **TCM Modalities**
Initial Modality Consult & Treatment\$45
Tuina, Cupping, Moxibustion, or Gua Sha\$25
- **Constitutional Facial Acupuncture™**
Initial\$135 Follow-up \$110
- **Acupuncture Mini-session Add-ons**..... \$30
Facial Renewal, Stress Relief & Detoxification
- **Chiropractic** *Check Insurance for Copays. Call if uninsured.*
- **Hypnotherapy**\$100/hr
- **Reiki** \$65/hr
- **Sinus Relief Treatment**
Massage & Aromatherapy (20 min)\$25
Massage, Aromatherapy & Acupuncture \$50

Massage Therapy

- **30-Minute Sessions**
Relaxation/Prenatal/Oncology\$35
Deep Tissue\$50
Reflexology\$35
Athletics/Sports Recovery Session\$55
- **45-Minute Sessions**
Relaxation/Prenatal/Oncology\$50
Orthopedic/Pain Management\$65
Deep Tissue\$65
Reflexology\$50
- **60-Minute Sessions**
Shiatsu\$75
Relaxation/Prenatal/Oncology\$65
Best of Both Worlds (Swedish&DeepTissue)\$70
Deep Tissue\$75
Athletics/Sports Recovery Session\$85
- **90-Minute Sessions**
Shiatsu\$105
Serenity Massage (90 min Swedish)\$95
Best of Both Worlds (Swedish & DeepTissue) \$105
Intensive Therapy (90 min Deep Tissue) \$120
- **Hot Stone Treatments**
Hot Rocks Massage (60 min)\$80
Signature Stone Treatment (90 min) \$115
- **Chair Massage** (20-min max).....\$1/min
- **Thai Massage** *Call for details*

Hydrotherapy

- **Constitutional Hydrotherapy** (45 min)\$50
- **Mineral Springs Soaks or Hydrossage Jetted Tub**
20 min\$25
Extend soaking time \$10 for each additional 10 minutes
- **Specialty Mineral Springs Soaks**
All 20-min specialty soaks use our mineral waters with added ingredients for enhanced effects.
Himalayan Mineral Bath\$30
Pain relieving, detoxifying, grounding
Dead Sea Energizing Bath\$35
Mineralizing, uplifting, renewing
Moor Peat Detox Bath\$35
Pain relieving , detoxifying, mineralizing
Chocolate Milk Bath\$35
Moisturizing, toning, calming
Milk & Honey Bath\$30
Skin soothing, softening, calming
Clear My Head Bath\$30
Reduces sinus congestion, stimulating
Skin Soothing Mineral Bath\$35
Muscle Recovery/Pain Relief Bath.....\$40
- **Aroma Therapy Mineral Springs Soaks**
Aroma Blends as listed.....\$28-\$37
Options include Custom Blended Aromatherapy, Lavender Relaxation, Lemon Zinger, Circulation Booster, Sage Purifying, Frankincense Reflection, Tranquility, & Women's Harmony Baths
- **Add Detox/Immune Stimulating Sheet**
Wrap or Lift Assistance to any soak..... \$15

Skin Care

- **Introductory Facial**
(All skin types - 45-55 min)\$65
- **Rejuvenation Facial**
(All skin types - 55-65 min)\$75
- **Deep Cleansing Facial**
(Oily/combination skin - 50-65 min)\$90
- **Rose Vineyard Facial** *(All skin types)*.....\$105
- **Renewing Black Soap Facial**
(Normal to oily/combination skin - 50 min).....\$80
- **Facial Renewal Acupuncture** (20 min).....\$30
- **Mini Cleanse w/Acupuncture** (40 min).....\$55
- **Gentle Enzyme Peel** (20 min).....\$45
- **Glycolic Peel** (20 min).....\$45
Series of 6 peels for \$216

Ayurveda

- **Abhyanga** (75 min)\$115
- **Tibetan Shirodhara** (70 min).....\$115
- **Tibetan Foot Renewal** (60 min).....\$72
- **Tibetan Foot Renewal with Pedicure**.....\$105
- **Tibetan Eye Rejuvenation** (40 min).....\$55
- **Nasya** (15 min).....\$20
- **Signature Sinus Treatment/Nasya**.....\$45
- **Ayurvedic Tranquility**.....\$55
- **Tibetan Blissful Sleep**\$70

Body Treatments

*Marked signature body treatments include a soak in the mineral bath.

- **Moor Peat Detox Wrap***(70 min)\$90
- **Arthritis/Pain Relief Wrap***(70 min)\$95
- **Deep Moisture Masque** (70 min).....\$90
- **Deep Lavender Treatment** (70 min)\$85
- **Chocolate Body Wrap***(70 min)..... \$115
- **Finger Lakes Vino Scrub** (60 min)\$85
- **Finger Lakes Wine Wrap** (75 min).....\$95

Package rates available for most services.
Visit our website for more details.
TheSpringsofClifton.com

Nails

- **Manicure**\$20
- **French Manicure**\$30
- **Polish Change w/ Shaping**.....\$15
- **FootLogix Pedicure** (60-min)\$45
- **Nail Cut/Trim** (Hands or Feet)\$10
- **Finger Lakes Vino Pedi**\$65
- **FootLogix Pedicure w/ French Polish**\$55

Waxing

- **Lip/Chin/Toes or Feet**.....\$10
- **Brows**.....\$12 **Lower Legs**.....\$35
- **Underarms**.....\$15 **Full Arms**.....\$40
- **Forearms**.....\$20 **Back**.....\$40
- **Bikini**.....\$30 **Full Legs**.....\$55

Add-Ons

- **Scalp Massage** (10 min).....\$10
- **Hand Or Foot Treatment** (15 min)\$20
- **Head, Neck, Shoulder Release** (15 min)\$20
- **Shirodhara Add-on Only** (40 min).....\$60
- **Dosha-specific Oil** with any Massage.....\$10
- **Kansa Vataki Foot Massage** (20 min)\$25
- **Kansa Facial Massage** (15 min)\$20
- **Paraffin Treatment** (Hands or Feet)\$10
- **Aroma Massage - Basic Blend**\$3
- **Aroma Massage - Custom Blend**\$5
- **Pain Relief Massage Blend**\$5
- **Skin Soothing Balm**.....\$5

Kids Spa Menu

*We are a family-friendly spa and offer condensed treatments for boys and girls ages 14 and under!
Written parental consent is required.*

- **Kid's Mineral Soak** (15 Min).....\$15
- **Kid's Massage** (25 Min)\$30
- **Girl's Pedicure** (20 Min).....\$30
- **Girl's Manicure** (20 Min).....\$15
- **Boy's Grooming** (40 Min, Hands & Feet).....\$35
- **Kid's Facial Treatment** (30 min)\$40
Includes short lesson on proper cleansing & skin care!

IMPORTANT INFORMATION

New clients/patients should plan to arrive 20 minutes early to complete forms.

We require 24-hour notice for cancellations or rescheduling. Less than 24-hour notice, or failure to call to cancel may result in a charged cancellation fee equal to the full service fee.

Prices are subject to change without notice.

SPA SERVICE TREATMENT TIMES ARE APPROXIMATE

Your consideration for clients and patients scheduled after you is appreciated. Time may be deducted from your treatment if you arrive late, and is at the discretion of the provider. You will be charged the full service fee, even if your treatment time is shortened due to late arrival.